



Dear Ski Club Leader,

Winter is rapidly approaching and we are excited for the upcoming ski season! We are looking forward to seeing your club here at Alpine Valley this season.

If we have any new groups that would like to schedule a one on one appointment with our group coordinator to go through the program and policies please contact the group office @ 248-887-7111.

The "After School Program" will consist of stations 1 thru 8, which the kids can go through at their own pace. Lists of the stations requirements are attached. The kids will have a punch card with the stations listed and after going through the station correctly a ski instructor will punch their card and they can go onto the next station. The child will turn this punch card in to the Ski School Desk each week. Then the group office will return these punch cards to the group leader and give back to the student.

If you have any questions or comments, please do not hesitate to contact our group office at 248-887-7111.

Thank you,

Mari Atreo

Group Coordinator



**2018-2019 AV "After School Program"**

**Group office 248-887-7111**

A group must consist of 20 or more participants

Program starts after the Holiday (Jan 7, 2019)

**Tuesday thru Thursday pm session** (students 6-18 years of age may participate)

ITEM PRICE

TICKET AND LESSON	\$25.00
SKI/SNOWBOARD RENTAL	\$20.00
HELMET	\$10.00
TICKET AND ADVANCED LESSON (Must complete all stations)	\$35.00

If not participating in group program child or adult may purchase an AA Ticket

ALL AREA TICKET	\$29.00
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**Friday pm session** (students 6-18 years of age may participate)

TICKET AND LESSON	\$32.00
SKI/SNOWBOARD RENTAL	\$20.00
HELMET	\$10.00
TICKET AND ADVANCED LESSON (Must complete all stations)	\$42.00

If not participating in group program child or adult may purchase an AA Ticket

ALL AREA TICKET	\$33.00
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*Slopes close 5:30-6:00 PM Daily*

Lessons start @6:15pm sharp

### **Alpine Valley "After School Program"**

It is your choice as to which day and time your group meets (Tuesday - Friday).

**RESERVATIONS:** Please call Alpine Valley on the selected ski day before 1:00PM. Call (248) 887-7111.

When arriving at Alpine Valley, only the group leader will be allowed to make any last minute changes, sign, and pay for their group in the main office. It is your responsibility to count all tickets, rentals, and lessons. You are agreeing that what is written on the invoice is correct.

Once the group leader cashes out, there will be **ABSOLUTELY** no more adding/subtracting lift tickets, rentals and lessons. If a group member does not buy a ticket from their Group Leader, Alpine Valley Ski School will not sell tickets, lessons and rentals at the desk. The student or parent will need to pay full price at the ticket window.

**REMINDER:** If a child chooses not to participate in the "After School Program", they have the option to purchase the All Area ticket with no lesson.

Groups pay by cash or check only to Alpine Valley. Group leader is responsible for any returned checks (\$35 fee will apply if this occurs). Group leader please put school/group name on all checks. Group rates may not be combined with other discount programs. (Coupons, Cold is Cool passport, gift cards, etc). No monetary transactions for tickets between leaders and group members at Alpine Valley.

**ABSOLUTELY No refunds for unused tickets or trade them in for the following week. This means NO REFUND. Please inform parents.**

All ski groups will meet in the main lodge, 2<sup>nd</sup> level. A school/group sign on your table helps students and parents to identify you. Please inform your group of the times you will be distributing tickets, lessons, and rentals.

**Rental:** It is mandatory that all students renting equipment have a rental disclaimer contract filled out and signed by a parent or guardian. These contracts need to be turned in to the main office. Weekly rental forms are still filled out.

**Food:** No carry out from restaurants or large coolers of food. We are a licensed food establishment. It is against health department rules to bring outside food into the building. Bag lunches are allowed.

Ticket & Lesson is for kids 6-18 years. Adults/Parents/Kids under 5 can purchase an All Area ticket through ski club. They cannot take a lesson through the ski club.

**AFTER SCHOOL PROGRAM  
CALL IN SHEET  
248-887-7111  
(MUST HAVE 20 PAID TICKETS)**

SCHOOL/GROUP NAME:

LEADER NAME:

#TICKET WITH LESSON:

#SKI LESSONS:

#SNOWBOARD LESSONS:

#TICKET WITH ADVANCED LESSONS: (Ski or Snowboard)

#Lessons with season passes Ski or Snowboard: \$15 Regular lesson

\$16 Advanced Lesson

#SKI RENTALS:

#SNOWBOARD RENTALS:

#HELMETS:

#ALL AREA TICKETS:

TOTAL # TICKETS: \_\_\_\_\_



**RENTAL DISCLAIMER CONTACT**

I hereby release Skiing Unlimited, Inc. and its employees from any liability for damage to any persons or property from the use of equipment rented.

I understand the bindings furnished are the release type designed to reduce the risk of injuries from falling and that these bindings will not release under all circumstances and are no guarantee for my safety.

I understand that the ski binding is pre-adjusted to a specific weight and that I must give Alpine Valley my correct weight and ability so that the proper binding selection can be made. I will not adjust the binding on my own. If difficulty occurs, I will return to the rental building for assistance. I agree to reimburse Alpine Valley for loss of any and all equipment, and for breakage.

\_\_\_\_\_  
(Student Signature)

\_\_\_\_\_  
(Date)

I consent for \_\_\_\_\_ to ski/snowboard and agree, as parent/guardian, to the above conditions for said minor.

\_\_\_\_\_  
(Parent/guardian signature)

School/Group name \_\_\_\_\_

Leader name \_\_\_\_\_

## **After School Program**

The following is a list of activities that should be done at each station. We keep our teaching consistent so it makes sense to students when they move from station to station. Our goal is to provide a safe and fun environment for learning to take place. The location of each station will depend on crowds and snow conditions. We will use a punch card system, but will be separated between Advanced and Regular (lower) levels. The Advanced levels are Station six through eight. The Regular (lower) levels are Station one through five. Stations six through eight will only be able to do one class per week. They can't move up that same night. Punch cards from last season will still be valid this season.

### **Station 1**

- Responsibility Code
  - Use devices to prevent runaway equipment
- Skiers
  - Go over all equipment/safety equipment
  - Flatwork
  - Skating
  - Athletic Stance
  - Learn how to walk up the hill
  - Straight Run
  - Learn Wedge
- Snowboarders
  - Equipment/Safety
  - Flatwork
  - Skating
  - Athletic Stance
  - Walking up the hill
  - Foot unstrapped straight run
  - Learn about stopping

## Station 2

- Responsibility Code
  - Stop in a safe place for you and others
- Skiers
  - Gliding Wedge
  - Introduction to Wedge change-ups
  - Intro to turning, but don't have to be able to
- Snowboarders
  - Intro to heel side/toe side
  - Turns in each direction foot unstrapped
  - Strap the foot in and try turns

## Station 3

- Responsibility Code
  - Whenever starting downhill or merging, look uphill and yield
- Skiers
  - Proper use of the magic carpet
  - Get off partway up
  - J-turns
  - Intro to linking turns
- Snowboarders
  - Proper use of magic carpet
  - Heel side/toe side slips from top of carpet
  - Intro to linked turns

## Station 4

- Responsibility Code
  - Always stay in control
- Skiers

- Linked turns from top of bunny hill
- Must be in control
- Snowboarders
  - Beginnings of linked turns
  - Must be in control from top of bunny hill

### **Station 5**

- Responsibility Code
  - Know how to use lifts safely
- Skiers
  - Introduction to the chairlift, and learn how to stay in control on a bigger hill
  - Start to learn how to match the skis
  - Same as Advanced Beginner
- Snowboarders
  - Introduction to the chairlift, and staying in control on a bigger hill
  - Complete linked turns
  - Same as Advanced Beginner

### **Station 6**

- Responsibility Code
  - People ahead of you have the right of way
- Skier
  - Intermediate Patch Lesson
  - Get completely out of wedge
  - Reduce the amount of skidding
  - Some upper and lower body separation
- Snowboarders
  - Intermediate Patch Lesson
  - Improve linked turns



- Less skidding
- More edge control

### **Station 7**

- Responsibility Code
  - Observe signs and warnings, and keep off closed trails
- Skiers
  - Advanced Patch Lesson
  - Learn to use Poles
  - Upper and lower body separation
  - Angulations
  - No more skidded turns
  - Better edge control
- Snowboarders
  - Advanced Patch Lesson
  - Carved traverses
  - Flat terrain tipping
  - Rhythm
  - Linked carved turns of various sizes and shapes

### **Station 8**

- Responsibility Code
  - Review all seven codes
  - Must have the basic idea of all of them to pass
- Skiers
  - Expert Patch Lesson
  - Smooth, rhythmic short radius turns
  - Correct body position
- Snowboarders
  - Expert Patch Lesson

- Cross-Over and Cross-Under Exercises
- Angulations
- Rhythmic, linked carved turns
- No traverses between turns



## GROUP RESERVATION

DAY AM/PM: \_\_\_\_\_ PHONE #: \_\_\_\_\_

NAME: \_\_\_\_\_ GROUP NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_